



Seasonal Menu – Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	We serve a range of breakfast options every day including cereals, wholemeal toast and porridge.				
Starter	Naan bread with garlic dip	x	Garlic bread	x	x
Lunch	SWEET POTATO & BUTTERNUT SQUASH CURRY	RAGU	VEGETABLE PASTA BAKE	COD FISH CAKES	JERK CHICKEN
	<i>Mild seasoned vegetable curry, served with rice.</i>	<i>Mouth-watering beef, layered in a rich tomato-based sauce and vegetables served with mash. Beef or lentils.</i>	<i>Mozzarella-topped pasta bake with a tomato base and hidden mixed vegetables.</i>	<i>Cod fish cakes served with baby potatoes and broccoli.</i>	<i>Jamaican style chicken in a flavoursome marinade served with rice and peas. Chicken or Quorn fillet.</i>
	x	Oaty flapjack	x	Melon medley	Mango and raspberry smoothie
	All of our lunches and teas are offered with a side of vegetables or salad.				
Snacks	Our chefs provide a selection of morning and afternoon snacks, which include: fresh fruit, cream crackers and spread, rice cakes, breadsticks, oatcakes.				
Tea	Pesto and vegetable tart	Margherita pitta pizzas	Baked beans, wholemeal bread and butter soldiers with cheese	Build your own bagel, selection of ham, turkey, salmon or tuna and cheeses	Leek and macaroni cheese
	Second servings, yoghurt and fresh fruit is available after tea.				
Drinks	Water is available throughout the day and milk is served with breakfast and snacks.				

Our chefs will adapt our menu to make suitable weaning options.



Seasonal Menu – Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	We serve a range of breakfast options every day including cereals, wholemeal toast and porridge.				
Starter	Garlic bread	x	x	x	Melon
Lunch	BOLOGNESE	CHILLI CON CARNE	STIR FRY	CHEESE, LENTIL AND BEAN PIE	TOMATO GNOCCHI
	<i>Lamb with a richly seasoned tomato sauce on tri-fusilli pasta. Lamb or lentils.</i>	<i>Mexican infused beef/three-bean chilli, packed full of flavour and served with rice. Beef or three beans.</i>	<i>Mixed vegetables and rice noodles with garlic and soy sauce. Chicken or vegetables.</i>	<i>Loaded with mixed vegetables, lentils, baked beans and cheese, topped with creamy mash and served with diced carrots.</i>	<i>Traditional Italian tomato sauce mixed with gnocchi, topped with cheese.</i>
	x	Fresh raspberries and cream	Fruit sorbet	Fruit yoghurt	x
	All of our lunches and teas are offered with a side of vegetables or salad.				
Snacks	Our chefs provide a selection of morning and afternoon snacks, which include: fresh fruit, cream crackers and spread, rice cakes, breadsticks, oatcakes.				
Tea	Jacket Potato with cheese and beans	Crusty roll, filled with a choice of turkey, ham and cheese	Turkish platter (pitta, falafel, salad and dips)	Fish Fingers in a wholemeal wrap, with garlic and herb dip and cucumber	Homemade sausage and cheese pastry rolls
	Second servings, yoghurt and fresh fruit is available after tea.				
Drinks	Water is available throughout the day and milk is served with breakfast and snacks.				

Our chefs will adapt our menu to make suitable weaning options.



Seasonal Menu – Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	We serve a range of breakfast options every day including cereals, wholemeal toast and porridge.				
Starter	Pitta and hummus	x	x	x	x
Lunch	CREAMY MUSHROOM FUSILLI	TURKEY FRIED RICE	VEGETABLE DHANSAK CURRY	ROAST OF THE WEEK	FISH PIE
	<i>Rich mushroom sauce with fusilli pasta.</i>	<i>Rice with vegetables, egg and spring onion. Turkey or Quorn.</i>	<i>Traditional authentic curry, packed full of vegetables and spices, served with rice.</i>	<i>Succulent chicken/turkey breast, roasted with rosemary and garlic crispy potatoes, Yorkshire puddings, onion gravy and seasonal vegetables.</i>	<i>Fish in a creamy homemade white sauce, peas and sweetcorn, topped with mash. Cod fish or broccoli bake.</i>
	x	Pineapple fingers	Vanilla sponge cake	Greek yoghurt and fresh berry puree	Peaches
	All of our lunches and teas are offered with a side of vegetables or salad.				
Snacks	Our chefs provide a selection of morning and afternoon snacks, which include: fresh fruit, cream crackers and spread, rice cakes, breadsticks, oatcakes.				
Tea	Warm cheese crumpets	Italian style pinwheels	Burger pittas and salad	Selection of cold meats, cheeses and salad served with a fresh baguette	Roasted tomato and pepper fusilli
	Second servings, yoghurt and fresh fruit is available after tea.				
Drinks	Water is available throughout the day and milk is served with breakfast and snacks.				

Our chefs will adapt our menu to make suitable weaning options.