



Established 2005

Where every day is an adventure in learning





Little Explorers is committed to
Safeguarding and promoting the welfare
of children and Young people and expect
all staff to share this commitment

A Warm Welcome

I'm Tara Anwar, Nursery Proprietor, and I welcome you to Little Explorers Day Nursery.

At Little Explorers the welfare and well being of the children placed in our care is of paramount importance. Great care is taken to provide a safe secure and stimulating environment which will allow your child to develop confidence, independence and good social skills in what will become their second home.

We strike a very careful balance between care, play and learning. We believe primarily that skills acquired at an early age provide a strong foundation for further education and understanding. We value and encourage everyone promoting respect for others through a strong emphasis on the development of self discipline and good manners.

All our children thrive in a happy, safe, secure and stimulating environment and are encouraged to undertake a wide range of activities encompassing all areas of the Early Years Foundation Stage based on the seven areas of Learning and Development:

Prime Areas: Personal social & emotional development; Communication and language; Physical development.

Specific Areas: Literacy; Mathematics; Understanding of the world; Expressive arts and design.

Every effort is made to support the requirements of working parents and to provide you with absolute confidence and peace of mind with the highest standard of care for your child.

We know there is a lot to remember when your child is starting nursery. If you have any questions, please ring the staff on 01634 840437 or pop in and ask them. Please think of us not just as a nursery but also as a partner and friend.

So, welcome to Little Explorers and welcome to a world of possibilities for your child.

The Team

We employ a dedicated team of qualified, positive and professional staff who will provide a high standard of care for your child. No staff will be employed without the full appropriate checks being completed, i.e. current enhanced DBS (Disclosure and Barring Service) clearance.

All children will be allocated a dedicated Key-Person who will keep you fully informed of your child's activities and progress through daily snapshots.

Our staff ratios are as follows:

0-2's (Babies)	1:3
2-3's (Toddlers)	1:4
3-5's (Pre-School)	1:8

Learning

*"Tell me and I'll forget; show me and I may remember;
involve me and I'll understand"*

Our philosophy is that children are active learners, supported and challenged by adults. They experience a wide variety of learning opportunities and follow OFSTED guidelines to develop *Personal social & emotional development; Communication and language; Physical development; Literacy; Mathematics; Understanding of the world; Expressive arts and design.*

The nursery has been purposely converted and extended to cater for different age groups. At Little Explorers we accept babies from 3 months old.

Baby Room (3 to 24 months)

Our baby room has a home-from-home feel and follows life at home as closely as possible. On joining the nursery an *Additional Information* form is completed to ensure this happens. As well as providing lots of love and care, we have created surroundings which are stimulating and exciting for your baby to explore and develop in safety.

Nappies will be checked regularly throughout the day and changed as often as needed. Parents are required to supply nappies and baby wipes/cotton wool for their child's needs.

Toddlers (2 to 3 years)

Our toddler room offers a transitional stage between the baby room and the pre-school room. Emphasis is placed on children developing their Social and Physical skills by encouraging independence and freedom of choice. There are age appropriate toys that promote sharing and group play as well as developing each child's individual skills.

The children are given plenty of opportunity to explore outdoor play and all the fun that this can bring.

Preschool (3 to 5 years)

Independence is further encouraged in this age group. We are very aware that every child develops at a different rate, so assistance will always be offered with gradual and subtle encouragement towards success. We believe that children need space and a variety of different surroundings and activities to keep their minds stimulated. Musical exploration, physical activities and a wide variety of art and craft activities allow children to bloom creatively.

The use of computers will help develop concentration, hand-eye coordination and recognition skills. The children will learn to grow their own flowers and vegetables in the planting area of the garden.

At the heart of this approach we create an environment where a child can express themselves and experience a balanced curriculum of educational activities and experiences. The ability to do this through interaction, involvement and fun ensures that a child can access learning in a non-pressurised manner and therefore develop his/her abilities in all areas. All staff are encouraged to liaise with parents with regard to school readiness.

In addition to regular activities such as these our nursery fosters links with the local community and are regularly visited by community based services such as the emergency services, medical professionals, chefs. This is educational for the children as they learn more about the world around them and they really enjoy seeing the equipment our guests bring with them.

Healthy Body, Healthy Mind

Outdoors

*"There is no such thing as inappropriate weather,
only inappropriate clothing"*

We believe fresh air and exercise has developmental and therapeutic benefits for children. It is fun, helps to keep children healthy, helps develop an awareness of risk and danger and is important for building social, emotional and life skills. At Little Explorers we encourage children of all ages to explore and enjoy the open environment and all children will be able to access the outdoor area throughout the year. Parents are requested to provide an all in one rain suite and Wellington boots.

We have our own safe and secure garden enclosed by a 6 foot panel fence. This area includes a range of fun and stimulating activities, including a mini beast area and a vegetable patch, along with large play equipment to enhance gross motor skills.

Mealtimes

At Little Explorers we strongly believe that a healthy body leads to a healthy mind and therefore have carefully chosen healthy nutritious food. Our nursery has its own fully equipped kitchen where well-balanced, nutritious meals are prepared every day on site using fresh ingredients to create an interesting healthy menu which will cater for all tastes.

Breakfast is provided between 8:00am to 8:45am and consists of cereal, toast and milk. This is followed by a mid morning snack. The main hot meal of the day is served at midday which consists of a two course meal and a drink. Tea is served at 4:00pm. We encourage all our children to help themselves and drink plenty of water throughout the day.

Early foods will be provided for the babies and all special dietary requirements, e.g. for health, ethical or cultural reasons, are catered for. Parents are encouraged to discuss specific requirements with the staff.

Working in Partnership with Parents

We want children to feel safe and happy in the absence of their parents and want parents to feel welcome and involved from the beginning. We therefore recommend a settling in period prior to the start date. A week before the start date we suggest you bring your child in at a prearranged time, initially staying with your child. Gradually we will ask you to leave allowing your child to familiarise with the staff and other children. We will work closely with you for a happy settling in period. We are aware that each child is different and some will settle easily and quickly whilst others will take longer to settle. At Little Explorers, we believe behind every happy child is a happy parent.

As a parent you will want to know how your child is adapting to and progressing in the day-to-day life of the nursery. We recognise that knowing your child is in safe hands and that he or she is developing new skills is vital for your peace of mind and to that end we will provide you with regular feedback on their progress. Importantly, parents can arrange to visit at any time of the day and take part in nursery activities.

Safe & Sound

Your child's safety is of paramount importance to us while they are in our care. We will undertake a thorough health and safety assessment throughout the year to ensure your child is safe and secure at all times. All equipment, toys and facilities will be regularly checked to ensure that there are no dangers to the children in our care. Risks Assessments are regularly carried out.

Parents are requested to provide up to date information on any persons that are allowed to collect their child. We prefer, when possible, to meet the nominated person(s), but if this is not possible we will ask for a password and information regarding the collector. If we are in any doubt whatsoever we will call you to confirm this.

We must be kept up to date of any changes to your registration form, change of address, telephone number etc.

Within the nursery we have an Accident form and a Medication form. **Both of these require parent's signatures if we are to administer any** prescribed medicine (provided by the parent) or if your child has had a bump, scratch or accident whilst in our care.

Our parking can be accessed through the secured barriered car park at the rear of the nursery, which allows for the safe dropping off and collection of the children. A pass code will be provided to all parents/carers registered at the nursery.

We will hold quarterly fire drills to ensure staff and children are aware of fire emergency procedures in the event of a fire. Our staff are fully equipped to deal with any emergency that may arise and will ensure **your child's safety at all times.**

Within the nursery there is always a certain amount of illness and sickness that goes round. We try very hard to stop the spread of certain illnesses by maintaining a very high standard of cleanliness, for example, washing hands after every nappy change, spraying the changing mat with anti-bacterial cleaner and keeping eating and changing areas hygienic and clean. As parents you can also help by keeping your child at home if they have diarrhoea and sickness .

We are proud of our facilities at Little Explorers and the staff are dedicated to providing the best in childcare and early learning experiences for all our children. As parents you can be assured that within the pleasant calm surroundings of our nursery, is a safe bright stimulating environment in which your child can grow, learn and be happy.

Opening Times

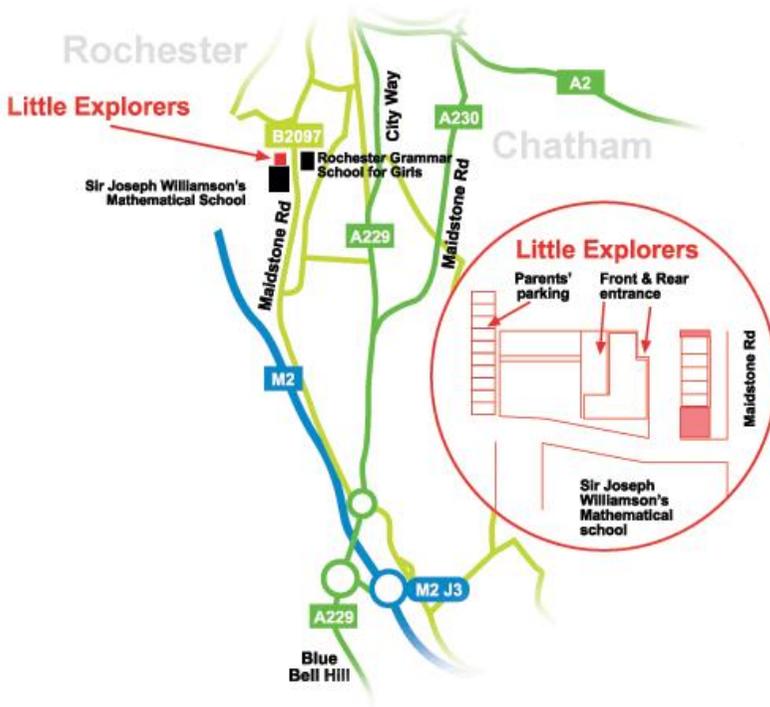
The nursery is open from 8:00am to 6:00pm throughout the year except Bank Holidays, two Staff Development Days and between Christmas and New Year.

There are both full time and part-time places available, details of which can be obtained upon request. (Please note that we do not offer part-time spaces in the baby room).

All information correct at the time of printing.

Please note the information given may be updated periodically.





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